



## The Arbonne® Advantage

# Arbonne Essentials® Protein Shake Mix

As a daily supplement or post-workout recovery shake, Arbonne Essentials Vanilla and Chocolate Protein Shake Mixes provide 20 g of vegan protein from pea, rice and cranberry per serving, plus essential amino acids and over 20 essential vitamins and minerals.

### Our official certifications are:

- **Vegan certified:** The Vegan Society standard requires that the product must not contain any animal product, by-product or derivative. In addition, the product testing must not involve animals in any way.
- **GI Labs certified:** Our protein shakes have a low glycemic index, and therefore do not cause a spike in blood sugar, an important health factor when managing cravings and overall health.



- **Gluten-free:** The Gluten-Free Certification Organization requires that all finished products contain 10 ppm or less of gluten.



- **OU Kosher:** The Orthodox Union Kosher Certification is a third-party validation that our product meets their guidelines.



Arbonne Essentials Vanilla and Chocolate Protein Shake Mixes have no cholesterol, no saturated fat, and no artificial colors, flavors or sweeteners. Above all, the shakes taste great according to feedback from our Consultants and have an excellent nutritional profile and mouth feel.

**See for yourself! This chart shows how Arbonne Essentials Protein Shake Mixes compare to other products in the market.**



**Arbonne**



**Shakeology®**

**Herbalife®**

**Vega**

Product Name	Arbonne Essentials. Protein Shake	Shakeology.	Herbalife.	Vega
Protein Type	pea, rice, cranberry	whey, pea, flax, chia, quinoa, sachu inchi	soy, pea	pea, hemp, flax
Protein Amount	20 g	16 g	20 g	20 g
Vegan Certified	Yes	No	No	Yes
GI Labs Certified	Yes	Yes	No	No
Gluten-Free Certified	Yes	No	No	Yes
OU Kosher Certified	Yes	No	No	No
Fructose	No	Yes	Yes, and sucralose	No
Sugars	9 g*	7 g	3 g	1 g
Non-GMO Project	No	No	No	Yes
Dairy	No	Yes	No	No
Soy	No	No	Yes	No
Low Allergen Potential	Yes	No	No	Yes
Minerals	12 minerals	11 minerals	11 minerals	6 minerals
Artificial Flavor	No	No	Yes	No
Artificial Color	No	No	No	No
Artificial Sweetener	No	No	Yes	No
Cholesterol	No	Yes	No	No
Saturated Fat	No	No	Yes	Yes
# of Servings	30	30	30	18
SRP	\$74	\$129.95	\$43.75	\$39.99
Cost/Serving	\$2.46	\$4.33	\$1.45	\$2.22
PC	\$59.20	\$97.46	\$32.81	N/A
Cost/Serving	\$1.97	\$3.24	\$1.45	\$2.22
PC ASVP	\$44.40			
Cost/Serving	\$1.48			

Above data obtained from company websites.

\*Less than the sugar content in a green apple, according to USDA guidelines.

**You owe it to yourself and your family to make wise decisions when it comes to your nutritional choices.**

